

A Level Physical Education

Course Details and Assessment

A-Level Physical Education is a stimulating and informative course that will capture your imagination and help you to improve your own performance in sport. You will be given the opportunity to take part in a wide range of practical activities putting your analytical and practical skills to the test.

The course will cover the following topic areas:

In year one you will study:

- Movement analysis
- Technology
- Biomechanics
- Skill acquisition
- Sport and society

In year two you will study:

- Exercise physiology, training and performance
- Sports psychology
- Sport and society (continued)
- Personal performance coursework



How is the course assessed?

Year One

All students will sit a mock exam in the summer term of year 12

Year Two

Paper 1 - A Level 2 hours

Exploring concepts in Physical Education
35% of qualification.

Paper 2 - A Level 2 hours

Evaluating Physical Education
35% of qualification

Practical assessment and coursework
Improving Personal Performance in Physical Education
(15% Practical/Coaching & 15% Coursework)

Grading - A* - E

“A level PE helped me too realise what I want to do when I go to university and what I want to pursue as a career.”

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Where can an A Level in physical education lead me?

The sport and leisure industries are amongst the largest in the country. There are a wide range of employment opportunities such as coaching, teaching, physiotherapy, sport therapy, sports psychologists and officials. We have had past students become sports analysts, become health professionals or take managerial jobs in the leisure industry. Some of our students have become personal trainers and even professional sports stars.

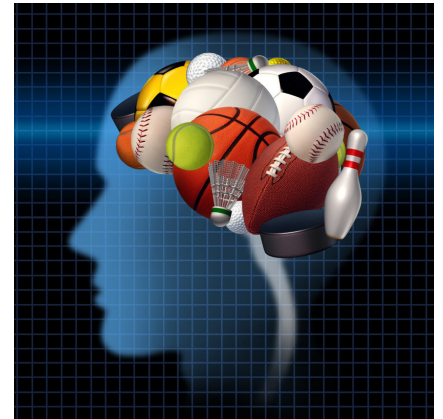
Possible careers include...

Sports Science - Physiotherapy - Sports Coach - Sports Consultant
Sports Policy - Diet and Fitness Instructor - PE Teacher

What key skills do I need?

Studying PE provides students with an excellent opportunity for candidates to improve their employability skills such as:

- Communication
- Team work
- Independent learning, scientific research skills
- Ability to analyse and evaluate theories, models and evidence



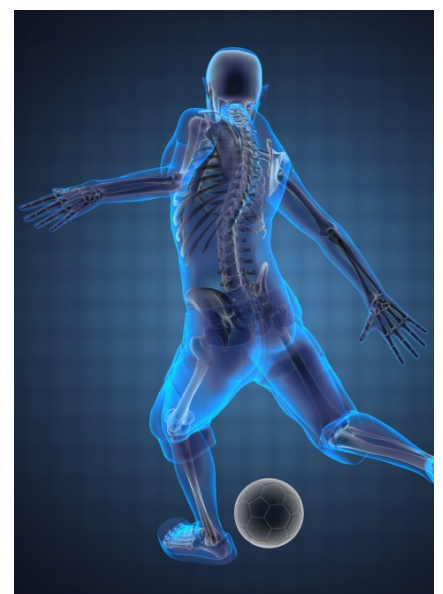
Entry Requirements

To be able to study A Level Physical Education, you must achieve:

- 6 in PE GCSE OR Level 2 Merit in Cambridge Nationals PE
- 6 in Science
- 5 in English
- 5 in Maths

Exam Board

EDUQAS



Still got questions?



Speak to Mr Ridway for more information

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