

# Online Lesson Etiquette

## Appropriate Environment



- Make sure you choose an appropriate place to take part in the lesson.
- Choose a neutral background, if you can.
- You can blur the background if you want to.
- ✓ Good backgrounds: lounge, dining room, conservatory
- ✗ Bad backgrounds: bedroom, bathroom

## Appropriate Clothing



- Applies to you and anyone else in the house who might appear in the background.
- ✓ Wear day clothes.
- ✓ Wear clothes which are not revealing.
- ✗ No night wear eg pyjamas, dressing gown.

## Appropriate Language



- Use polite and respectful words at all time, both when speaking and writing (ie, using the chat function)
- Also applies to anyone in the background in your house, whether they can be seen or not.
- Only use the chat function for appropriate messages to the whole group.
- ✗ No swearing

## If You Are Concerned



If you see or hear anything which makes you worried about someone, tell the staff at the end of the session.