

# Deyes High School Remote Learning



DEYES  
HIGH  
SCHOOL

LYDIATE  
LEARNING TRUST

**Yr. 11  
GCSE  
PE**

**Engage, Enable and Empower**

**Work for individual students not attending school**

**Half Term 3: January to February**

**Pupils who are absent should select the activity that they are up to. Click on the link in the activity box below. This will take you to Office 365, OneNote where the work is stored. In the lesson it will tell the pupil if they need to submit the work to their teacher or complete it on their designated homework page on their OneNote.**

## Lessons



Date (week commencing)	Lessons	Focus/Topic/Theme	Hyper link to Activity
4/01/21		Coursework completion on OneNote	<b>OneNote resources</b> <a href="https://deyes-my.sharepoint.com/personal/k_turner_deyeshigh_co_uk/_layouts/OneNote.aspx?id=%2Fpersonal%2Fk_turner_deyeshigh_co_uk%2FDocuments%2FClass%20Notebooks%2FMiss%20Turner-%20GCSE%20PE">https://deyes-my.sharepoint.com/personal/k_turner_deyeshigh_co_uk/_layouts/OneNote.aspx?id=%2Fpersonal%2Fk_turner_deyeshigh_co_uk%2FDocuments%2FClass%20Notebooks%2FMiss%20Turner-%20GCSE%20PE</a>
11/01/21		Coursework completion on OneNote	
18/01/21		Coursework completion on OneNote	
25/01/21		Factors contributing to participation	
1/02/21		Provision for target groups	
8/02/21		Commercialisation	

Type of Feedback	Explanation	Application
<b>Deliberate</b>	Deliberate feedback is within the performer. They understand how the movement feels from feedback from the teacher. It is important as performers can spot their own errors. Deliberate feedback should be designed as the performer is not relaxed or at ease.	Used to experienced performers as the skill is well learnt and they can make amendments to their own performance based on their original feedback. E.g. When a gymnast is performing a somersault, they will be able to use internal feedback from their muscles to regulate their body to successfully perform the skill.
<b>External</b>	External feedback is feedback from outside the performer. External is important as someone watching the skill can observe and notice what needs to be done to correct it.	Used to less experienced performers as they are unlikely to detect their own errors. E.g. When a gymnast is performing a somersault they may be feeling backwards. A coach may tell them to stop forward their legs, which will enable them to land on their feet.
<b>Concurrent</b>	Concurrent feedback is given during a game.	Used to experienced and less experienced athletes and can be technical or tactical. E.g. A gymnast may alter their body position during a somersault to perform it correctly (technical). A coach may tell the performer to push their feet during a somersault. This will aid performance (tactical). E.g. A tennis player receives a positive comment. The coach would give feedback on how to improve the skill. The gymnast then performs again.
<b>Tactical</b>	Tactical feedback is given after the performance. This may be due to the rules or the skill not being suitable. Feedback should be given as soon as possible after the performance.	

**Feedback**  
The ability and experience of a performer and the type of skill will affect the type of feedback given.

**Effective feedback is used to:**

- Provide information about the skill being performed
  - Help improve performance or the skill
  - Reinforce good practice
- To be effective it must:**
- Be short and concise
  - Give only precise small amounts of information
  - Be given as soon as possible (unless it is a skill taught in their memory)
  - Be relevant to the performer (specific to them and the whole group)

### Summary



Deliberate Feedback	External Feedback	Concurrent Feedback	Tactical Feedback
An experienced performer uses internal feedback from their muscles to regulate their body to perform the skill successfully.	A less experienced performer gets external feedback from their coach to explain how their performance can be improved.	A coach gives concurrent feedback during a game of basketball.	When not carrying their own performance after a race on feedback can be given to improve performance.

Who to contact

You can email **your class teacher** if you have any questions regarding the activities set.

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Knowledge Organiser

All knowledge organisers are accessible on the OneNote link above